IPS Supported Employment for People with Mental Illness

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Individual Placement and Support (IPS)

- IPS Supported Employment
- 20 years of refinement
- Serious mental illnesses
- Highly individualized
- Client choice at every step
Current Status of IPS

- IPS model is simple and direct
- IPS is effective
- Other benefits accrue with consistent work
- Work outcomes improve over time
- IPS is relatively easy to implement
IPS Supported Employment

- Competitive employment
- Team approach
- Integrated mental health and vocational services
- Job development
- Client choice regarding timing
- Benefits counseling
- Rapid job search
- Job matching based on client preferences
- On-going supports
  - Becker (IPS Fidelity Scale, 2010)
17 Randomized Controlled Trials of Individual Placement and Support (IPS)

- Best evidence available on effectiveness
- RCTs are gold standard in medical research

Bond, Drake, & Becker (2012)
Competitive Employment Rates in 17 Randomized Controlled Trials of Individual Placement and Support
Non-Employment Outcomes

- Self-esteem
- Quality of life
- Symptom Control
- *No changes with sustained sheltered employment

(Bond et al., 2001)
Long-Term Outcomes

- 4 studies with 10-year follow-ups
  (Test, 1989; Salyers, 2004; Becker, 2006; Bush, 2009)
- Work outcomes improve over time
- Costs decrease dramatically for consistent workers (Bush et al., 2009)
Johnson & Johnson-Dartmouth Project

- Mental health-vocational rehabilitation collaboration
- Implement evidence-based supported employment - IPS
- Local programs selected by states
- Dartmouth provides training, consultation, evaluation
- National Learning Collaborative
- States: Alameda Co., CA, CT, DC, IL, KS, KY, MD, MN, MO, NC, OH, OR, SC, VT, WI
- International: Italy, Netherlands, Spain

(Becker et al., 2011)
Clients Served & Working in the IPS Supported Employment Learning Community in the USA

Data points represent annual averages for four quarterly reporting periods. Current year data represent an average of reporting periods that have occurred to date.

- Served
- Working

Percent Working

Clients Served & Working in the IPS Supported Employment Learning Community in the USA
IPS International

- Many countries adopting IPS: Australia, Canada, Germany, Holland, Hong Kong, Italy, Japan, New Zealand, Norway, Spain, Sweden, Switzerland, United Kingdom
- Italy and Netherlands: first international J&J-Dartmouth collaborators
New IPS Populations

- Posttraumatic Stress Disorder
- Substance Use Disorder
- Traumatic Brain Injury
- Spinal Cord Injury
IPS and Unemployment

- Evidence from the U.S.
- Evidence from Europe
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