REDUCING RECIDIVISM THROUGH CASE PLANNING

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1. Assess Actuarial Risk/Needs

2. Enhance Intrinsic Motivation

3. Target Interventions
   - **Risk Principle**: Prioritize supervision and treatment resources for higher risk offenders.
   - **Need Principle**: Target interventions to criminogenic (correlated to crime) needs.
   - **Responsivity Principle**: Be responsive to temperament, learning style, motivation, culture, and gender when assigning programs.
   - **Dosage**: Structure 40-70% of high-risk offenders’ time for three to nine months.
   - **Treatment Principle**: Integrate treatment into the full sentence/sanction requirements.

4. Skill Train with Directed Practice (e.g., use cognitive behavioral treatment methods)

5. Increase Positive Reinforcement

6. Engage Ongoing Support in Natural Communities

7. Measure Relevant Processes/Practices

8. Provide Measurement Feedback
Northern California Probation Consortium (NCPC)

Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Nevada, Plumas, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Yuba

Juvenile (2008)
- Juvenile Risk/Needs Assessment
- Motivational Interviewing
- Automated Juvenile Case Plan (Division 31 & Title IVE)

Adult (2010)
- Adult Risk/Needs Assessment
- Motivational Interviewing
- Automated Adult Case Plan (Jan 2011)

Sustainability (Present)
- Liaison Network
- Project Manager
- Data Committee
- Training
Multnomah County, Oregon

1996-2000
- LSI/R assessment introduced in several counties.
- Paper version.
- Staff resistant, no data tracking, DIED A SLOW DEATH.

2003
- SB267 Requires correctional treatment programs to follow EBP.
- Dept of Corrections established compliance & monitoring systems.
- Correction Program Checklist.

2004-2009
- LSCMI assessment embraced by many counties.
- Assessment automated.
- Sex Offender Supervision Network adopts assessment.
- Probation Officers buy into risk assessment but resist case plan.

2010-2011
- Community Corrections Directors commission statewide risk assessment workgroup.
- OREGON State adopts LSCMI as REQUIRED risk/needs for all counties.
- Case plan still an issue, too complex, multiple pages, not user friendly.
Assessment—LSCM1
Case Plan—supervision strategy
EPICS/Carey Guides-cognitive intervention/homework (skill build)
Action Plan
Philosophy moving away from one-size fits all supervision and case management.

- Addressing criminogenic needs
- Risk-based supervision
- Target Interventions

Case Load Size

- Case load management by risk level

Staff Training

Stakeholders
Parole & Probation Officers found value in validated risk assessments but not in our case plan.

What did we do?

- First we blamed PO’s.
- Then we realized they were our customers.
- We started to listen.
- We tried to use our automated case plan!!!
Multnomah County, Oregon

Crime Recipe for Staff with NO Impact

- Lack of Professional Alliance with offender
- Only meet with the Offender for ten minutes at a time
- Spend the session monitoring conditions instead of the influences on crime
- Use of confrontation and external control to get compliance
Multnomah County, Oregon

R/N/R Principles & Differential Supervision

- Risk Principle - Assess and identify higher risk offenders and target for more intensive services and supervision.

- Need Principle - Identify and target criminogenic needs including Top 4: Anti-social thinking, anti-social peers, anti-social temperament (attitudes) and family/marital.

- Responsivity - Match intervention modes and strategies to learning styles, motivation and demographics.
Multnomah County, Oregon
Crime Recipe for Staff Having an Impact

Recipe

1. Spend 15-20 minutes or more in a session
2. Focus on catching them doing things right and affirm those
3. Build meaningful alliance with offender; help them see you as wanting them to succeed
4. Focus on skill building in the criminogenic areas and practice them
5. Require that the offender take action (i.e. do homework)
Multnomah County, Oregon
Case Plan Design

- Precise
- Short
- Easy to use
- Do not need to spell out everything
- Provide reminders of critical and important issues to address
- Practical
Multnomah County, Oregon
CASE PLAN & ACTION PLAN

- LS/CMI Domain Scores
  - VL, L, M, H, VH
- Treatment Module
- Behavior Change Plans
- Case Plan Notes
- Action Plan
**CASE Plan Screen Shot #3**

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All dates must be entered in this format: m/d/yyyy

Release: v1.6.3 | Not determined
Behavior Change Plan 1
Status: In Progress
Need: Companions
Stages of Change: Pre-Contemplative
Goal Finish ASAP?

Strategies

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Behavior Change Plan 2
Status: In Progress
Need: Leisure/Recreation
Stages of Change: Pre-Contemplative
Goal Finish ASAP?

Strategies

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Caseload Manager: Smith, John
Next Report Date: 11/15/2010
Time: 11:25:41 PM

Create Auto Chrono  Save Progress  Print

Action Plan

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Chrono Notes

Comments for action plan

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All dates must be entered in this format: mm/dd/yyyy
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We have now in development a Chevrolet

- It is one page.
- Focus is on behavioral change in highest risk areas identified in assessment.
- It will engage the offender.
- Case plan will automatically populate Action Plan—helps remind PO monthly of case plan targets.
NCPC Adult Case Plan

WHAT’S WORKING

- Adult supervision case load numbers 1:50
- A “New” Way of Doing Business
  - Interview
  - Assess
  - Caseplan
- Training
- Data
NCPC Adult Case Plan

WHAT’S WORKING - Continued

- SMART Goals
  - Specific
  - Measurable
  - Attainable
  - Realistic
  - Timely
NCPC Adult Case Plan
MOVING FORWARD

☐ Staff Training
☐ Recidivism Evaluation
☐ Evaluate Treatment Effect
☐ Make Policy Adjustments
☐ Evaluate Case Load Sizes
Fully automated case plan by January 2012

Staff training
- Assessment Tools
- Case Planning
- S.M.A.R.T. Goals

Data Management/Reporting by County, NCPC Regions, and Consortium-Wide.

Validate the adult assessment tool (STRONG) for California.
Reducing Recidivism through Case Planning

Believe you can and you’re halfway there. ~ Theodore Roosevelt

- Questions/Answers
- Contact Information
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    530-245-6220
  - Patrick Schreiner, Multnomah County ~ Oregon
    503-988-4725