OVERVIEW:
Nestled among the idyllic lakes of central Minnesota lies the 5,000-acre Cuyuna Lakes Recreation Area and over 25 miles of mountain bike singletrack. Alternatively tracing the lakes' shorelines and weaving within a dense forest of birch, aspen, basswood, red oak, and ironwood, the purpose-built trails have earned acclaim from around the country for both their scenery and grin-inducing flow.

The ride is a combination of all trails in the network, starting with the eastern end and then heading west. The sequence of trails is as follows: Haul Road > Man Cage > Manuel Drive > Trout > Bobsled > Haul Road > Dragline North > Man High Hill > Dragline North > Switchback > Easy Street > Little Sidewinder > Mucker Mountain Connector > Grub Stake > Easy Street > Mucker Mountain > Little Sidewinder > Sand Hog Mountain > Sidewinder > Crusher > Miner’s Mountain > Chute > Ferrous Wheel > Trammer Mountain > Easy Street > Hopper Hill > Easy Street > Switchback > Dragline South > Cuyuna State Lakes Trail (paved)

DIRECTIONS TO TRAILHEAD:
From downtown Crosby, drive or ride north on Highway 6 for 0.5 miles to the Cuyuna Lakes East Parking area. The lot will be on the right side of the road. Start the ride by heading northeast on the Haul Road trail toward Yawkey Mine Lake.

PLEASE FOLLOW THESE GENERAL GUIDELINES FOR RESPONSIBLE EMTB RIDING:
On federal, state, county and local trails, eMTB access varies significantly.
Generally speaking, any natural surface trail designated for both motorized and non-motorized use is open to eMTBs.
eMTBs may not be allowed on trails managed for non-motorized activities.
Do not ride your eMTB in areas where the local rules are unclear. When in doubt, ask your local land manager about access, since local land rules change frequently.

PeopleForBikes and the Bicycle Product Suppliers Association are working to promote better access to eMTBs. It is critical that eMTB riders ride legally and only on authorized trails to show that mountain bikers are responsible users.